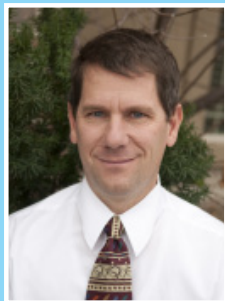
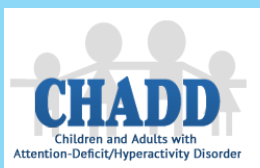


PARENT HELPS

OCTOBER'S GUEST SPEAKER:



RUSSELL C. GAEDE, PSY.D. is the Executive Director of Life Enhancement Center. Dr. Gaede holds a Masters degree in Mental Health Counseling, a Certificate in Marriage and Family Therapy and Doctorate in Clinical Psychology. He is a Certified Behavioral Crisis Counselor with the State of Utah and Disaster Relief Worker with the American Red Cross. He enjoys spending time with his family and cycling. You can follow him on Facebook ~ "Dr Russ".



National Website
www.chadd.org

Utah Chapter Website
www.chaddofutah.com

CHADD OF UTAH
is pleased to announce the start of a

NEW! Utah County AD/HD Support Group

Thursday, Oct. 17, 2013

7:00pm - 8:30pm

at *Life Enhancement Center*
1835 North 1120 West, Provo, Utah

GUEST SPEAKER:
Russell C. Gaede, Psy.D.

If you are a parent of a child with AD/HD or you are an adult with AD/HD, then this support group is just for you!

There are MANY GOOD REASONS for you to attend:

- To meet other people who understand the impact of AD/HD in your life
- To learn how others are coping with the same issues that you are
- To learn some new strategies and share those that have worked for you
- To find solutions to make your life more manageable and enjoyable
- To learn more about AD/HD from special guest speakers and local health-care professionals on various AD/HD topics that are most important and helpful to you
- Sometimes we just need to be heard, or to relay our frustration without being judged, in an atmosphere of honesty and hope.

The support group meetings will be facilitated by parent volunteers and will not endorse products, services, publications, medications or treatments. There is NO CHARGE to attend. This monthly meeting will be held EVERY 3rd THURSDAY and will include educational presentations as well as group discussion time. Please help us spread the word! Print copies of this flyer and distribute to parents, Utah County schools, libraries, and health-care professionals.

Email questions to: info@chaddofutah.com

🍏 The Health Department has a Volunteer Care Clinic Tues. & Thurs. from 5-7PM for those who do not have insurance.

🍏 HELP FOR ASTHMA

The American Lung Association of Utah is offering an innovative program to help kids with ASTHMA breathe easier! The program is entitled "Open Airways for School". The program teaches children with asthma, ages 8-11, to better manage their disease through six 40-minute interactive lessons. Children with asthma are brought together during or after school to learn these skills. For exact dates or more information please contact Cherissa by phone at 801-484-4456 or email at: cwood@lungutah.org .

🍏 PARENT ACCESS TO STUDENT STANDARDS REPORT

🍏 Parents now have access to this information on the Powerschool website. Click on the tab on the pull down menu below your student's picture at www.canyoncrest.provo.edu. To access your student page, enter their student number (please call the office - 801-221-9873 if you do not already have your child's student number) as the username - and their birthdate (example: 1/11/00) as their password.

Grandfamiliesuc.org or grandfamiliesus@wasatch.org is a great resource for grandparents or other relatives who are raising a child because the biological parents are unable to do so. They provide support, education, resources and advocacy so children's needs of safety and permanency can be met.

🍏 PARENTS NOW HAVE ACCESS TO STUDENT STANDARDS REPORTS

Parents can access this information in the Powerschool web site (at the top of this page).

It is one of the pull down menus under the student's picture.

 SEE FOLLOWING PAGE FOR PARENTING CLASSES
(English and Spanish)



Parenting Classes

Parenting Teens Class

A 5-week parenting class focused on the parenting of teenagers. The main focus topics are building the parent-teen relationship and creating structure in the home.

To enroll call Darren at [\(801\) 852-4466](tel:8018524466).

Who: Opened to all community

Cost: Free

Where: Vantage Point (1189 E. 300 N. Provo)

When: Wednesdays

Time: 5:00-6:00 PM

Starting: Nov 14th, 2012