TO: Parent and guardians of children attending Canyon Crest School.

SUBJECT: Medical health or sick guidelines.

Controlling communicable diseases in day care and school settings is of upmost importance. Providing a safe, comfortable and healthy environment facilitates the educational process, encourages social development and allows children to acquire healthy attitudes toward organized settings.

Children who are ill or feel sick can create difficulties in group settings. An ill child often demands more attention from the teacher or caregiver and cannot fully participate in group or educational activities. Worse yet, the child with a communicable disease may spread the illness to others. This is especially true in the case of medically fragile children. We often experience high absenteeism among our faculty due to illness, which may have been contracted from children who have come to school sick. Substitutes are not always easily obtained and it is extremely hard for the teacher or instructional assistant to work alone with the children. Accordingly, it is essential that educators, parents and day care providers control the spread of communicable disease by safe, effective and practical efforts.

Following are conditions of special concern to us for which children should be kept home.

1. **Colds**
   Watery discharge from nose and eyes, sneezing, chills and general body discomfort. If there is fever or yellow or green drainage from eyes or nose, it is particularly important to keep the children home.

2. **Diarrheal Diseases**
   An increased number of stools compared with the child’s normal pattern with increased water and/or decreased form. May be accompanied by nausea, vomiting, abdominal cramping, headache and/or fever. If any kind of stool softeners (fleets, enema, laxative, ect.) are administered, please keep student home for at least 12 hours.

3. **Impetigo**
   Blister-like lesions on the skin, which later ooze and develop into crusted sores. They appear in an irregular pattern. The sores may spread into a red, oozy rash that gets a clear or honey-colored crust. Itching is common. MUST be treated with antibiotic for at least 24 hours before your child returns to school.

4. **Pink—Eye or Conjunctivitis**
   Redness of eye (s), watery, white or yellow discharge from the eye, matted eyelashes, burning of itching eye (s). MUST be treated with antibiotic for at least 24 hours before child returns to school.

5. **Any Open Wound or Sore**

6. **Persistent Cough**

7. **Nausea or Vomiting**

8. **Strep Throat or any Bacterial Infection** not on antibiotic of at least 24 hours.
9. FEVER of 100 degrees Fahrenheit or greater.

10. Presence of any SKIN RASHES that might be due to a viral or bacterial infection (ie. measles, strep, staph, fungus, chicken pox.)

11. FOUL SMELLING URINE OR BLOOD IN URINE.

12. EARACHE OR EAR DRAINABE (Untreated)

13. HEAD LICE (Untreated)

14. Child showing any other signs that you recognize as the beginning of an illness.

To help prevent the spread of illness, we will request that you pick up your child when he or she shows these symptoms at school. We would also request that you call the school when your student will be absent from school.

Also, if you could remind your children to remember to wash their hands after using the bathroom, playing outside, after eating, coughing or using a tissue. And as always remember to wash your hands before eating.

It would be greatly appreciated if children with these problems could bring a doctor’s note when they return to school.

Thank you for helping us care for and teach your children by providing for their medical needs.

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Pat Anderson
School Principal

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Heather Gardner RN
Canyon Crest School Nurse